

Spina Bifida-days 2026

Online and free of charge!

The times are Stockholm times (CET)

Monday, September 14

Research and International

PRELIMINARY PROGRAM! TOPICS, PRESENTERS, AND TIMES ARE SUBJECT TO CHANGE

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Time	Title of presentation	Presenter	Language
09.00-09.15	Welcome	Planning committee	English
09:15-10:00	Closed spinal dysraphism – diagnosis and follow-up	Petra Aden, MD, PhD (Norway)	English
10:00-10.45	Gait in childhood and adulthood in persons with myelomeningocele – a retrospective analysis	Marie Eriksson, PhD, (Sweden)	English
10.45-11:00	Break		
11:00-11:30	Living with spina bifida	Wilma Axelsson (Sweden)	English
11:30-12:00	Childbearing among women with spina bifida in Sweden: A nationwide register study.	Anna Linder, PhD (Sweden)	English
12:00-12.45	Lunch		
12.45-13:30	To be determined		
13:30-14:15	Working toward development of an Australian Spina Bifida Registry - results and learnings of a scoping review of existing Spina Bifida registries worldwide	Antoinette Botman, MD, (Australia)	English
14:15-14:30	Break		
14:30-14:45	Weight and nutrition in spina bifida	To be determined	English
14:45-15:45	Weight management in individuals with spina bifida <i>Panel</i>	Lovisa Sjögren, MD (Sweden) Jonathan Castillo, MD (USA)	English

		Michele Lynn Polfuss, RN, PhD (USA)	
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SB-days 2026

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Tisdag, september 15

Svensk

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(Svenska om inget annat anges)

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Tid	Föreläsningstitel	Föreläsare	Språk
09.00-09.15	Välkommen	Planeringskommitten	Svenska
09:15-10:00	Uppdatering MMCUP	Annika Lundkvist Josenby, PT, PhD	Svenska
10:00-10.45	Förbundet Unga Rörelsehindrade	Wilma Axelsson Ordförande för Förbundet Unga Rörelsehindrade	Svenska
10.45-11:00	Paus		
11:00-11:45	Vuxenuppföljning MMCUP Uppdatering samt introduktion av kognitionsuppföljning av vuxna med RMB	Ulrica Jonsson, MD, Matilda Utter, MD, Ann Alriksson-Schmidt, PhD, MSPH	Svenska
11:45-12.45	Lunch		
12.45-13:30	Digital oppfølging av pasienter med trykksår. Erfaringer fra Sunnaas sykehus.	Anne Risøen Selsjord, RN, PhD and Hanne Haugland, RN	Norska
13:30-14:15	To be determined		
14:15-14:30	Break		
14:30-15:00	Graviditet och förlossning vid ryggmärgsbräck	Karin Pettersson, MD	Svenska

15:00-15:45	Neuropsychology in adults with spina bifida	Catherine Stephan, PhD	English
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Välkomna!

Speakers

Petra Aden, MD, PhD, Head of Section for Neurohabilitation, Oslo University Hospital, Norway

Marie Eriksson, PhD, Orthopedic engineer, Department of Women's and Children's Health, Division of Paediatric Neurology, Karolinska Institutet, Karolinska University Hospital, Sweden

Wilma Axelsson, lead of the Swedish Association of Young People with Physical Disabilities, lived experience, Sweden

Anna Linder, PhD, health economist, Lund University, Sweden

Antoinette Botman, MD, Staff specialist paediatric rehabilitation – Head of the Spina Bifida and Spinal Cord Injury and Diseases services, Australia

Jonathan Castillo, MD, Endowed Professor, UNMC Department of Pediatrics Chief, UNMC Division of Developmental Medicine Professor, United States

Lovisa Sjögren, MD, Pediatrician, Obesity Medicine Physician. Department of Pediatrics, Institute of Clinical Sciences, Sahlgrenska Academy, University of Gothenburg and Region Västra Götaland, Regional Obesity Center, Sahlgrenska University Hospital, Gothenburg, Sweden

Annika Lundkvist Josenby, PT, PhD, Registerholder MMCUP, Sweden

Ulrica Jonsson, MD, PhD, Region Vastra Gotaland, Habilitation & Health, Adult Habilitation, Gothenburg, Sweden

Matilda Utter, MD, Region Vastra Gotaland, Habilitation & Health, Adult Habilitation, Gothenburg, Sweden

Ann Alriksson-Schmidt, PhD, MSPH, Associate Professor Disability and Public Health, Department of Clinical Sciences, Lund University, Department of Orthopaedics, Skåne University Hospital, Lund Disability Research Hub, Sweden

Anne Risøen Selsjord, PhD, RN, Sunnaas sykehus, Norway

Hanne Haugland, RN, Sunnaas sykehus, Norway

Karin Pettersson, MD, Associate Professor in Obstetrics, Sweden.

Michele Lynn Polfuss, RN, PhD, Professor, UW-Milwaukee School of Nursing, United States.

Catherine Stephan, PhD. Kennedy Krieger Institute, Baltimore, United States.