

**Spina Bifida-days 2026**  
**Online and free of charge!**  
The times are Stockholm times (CET)  
**Monday, September 14**  
**Research and International**

Sign up at link below

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| Time        | Title of presentation                                                                                                                                       | Presenter                                                                                         | Language |
|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|----------|
| 09.00-09.15 | Welcome                                                                                                                                                     | Planning committee                                                                                | English  |
| 09:15-10:00 | Closed spinal dysraphism – diagnosis and follow-up                                                                                                          | Petra Aden, MD, PhD (Norway)                                                                      | English  |
| 10:00-10.45 | Gait in childhood and adulthood in persons with myelomeningocele – a retrospective analysis                                                                 | Marie Eriksson, PhD, (Sweden),<br>Åsa Bartonek, PT, PhD (Sweden)                                  | English  |
| 10.45-11:00 | <b>Break</b>                                                                                                                                                |                                                                                                   |          |
| 11:00-11:30 | Living with spina bifida                                                                                                                                    | Wilma Axelsson (Sweden)                                                                           | English  |
| 11:30-12:00 | Childbearing among women with spina bifida in Sweden: A nationwide register study.                                                                          | Anna Linder, PhD (Sweden)                                                                         | English  |
| 12:00-12.45 | <b>Lunch</b>                                                                                                                                                |                                                                                                   |          |
| 12.45-13:30 | A review of the literature regarding health-related Quality of Life in children and adults with spina bifida                                                | Marie Andersson, MD, PhD,<br>Charlotta Levén Andreasson, RN (Sweden)                              | English  |
| 13:30-14:15 | Working toward development of an Australian Spina Bifida Registry - results and learnings of a scoping review of existing Spina Bifida registries worldwide | Antoinette Botman, MD, (Australia)                                                                | English  |
| 14:15-14:30 | <b>Break</b>                                                                                                                                                |                                                                                                   |          |
| 14:30-14:45 | Weight and nutrition in spina bifida                                                                                                                        | Lovisa Sjögren, MD                                                                                | English  |
| 14:45-15:45 | Weight management in individuals with spina bifida<br><i>Panel</i>                                                                                          | Lovisa Sjögren, MD (Sweden)<br>Jonathan Castillo, MD (USA)<br>Michele Lynn Polfuss, RN, PhD (USA) | English  |

## SB-days 2026

Online and free of charge!

All times are Stockholm times (CET)

Tisdag, september 15

Svensk

(Svenska om inget annat anges)

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| Tid         | Föreläsningstitel                                                                                                     | Föreläsare                                                                            | Språk   |
|-------------|-----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------|
| 09.00-09.15 | Välkommen                                                                                                             | Planeringskommitten                                                                   | Svenska |
| 09.15-10.00 | Uppdatering MMCUP                                                                                                     | Annika Lundkvist<br>Josenby, PT, PhD                                                  | Svenska |
| 10.00-10.45 | Att använda MMCUP för<br>regional kvalitetsuppföljning                                                                | Annika Lundkvist<br>Josenby, PT, PhD                                                  | Svenska |
| 10.45-11.00 | <b>Paus</b>                                                                                                           |                                                                                       |         |
| 11.00-11.45 | Vuxenuppföljning MMCUP<br>Uppdatering samt<br>introduktion av<br>kognitionsuppföljning av<br>vuxna med ryggmärgsbråck | Ulrica Jonsson, MD,<br>PhD, Matilda Utter, MD,<br>Ann Alriksson-Schmidt,<br>PhD, MSPH | Svenska |
| 11.45-12.45 | <b>Lunch</b>                                                                                                          |                                                                                       |         |
| 12.45-13.30 | Digital oppfølging av<br>pasienter med trykksår.<br>Erfaringer fra Sunnaas<br>sykehus.                                | Anne Risøen Selsjord,<br>RN, PhD and Hanne<br>Haugland, RN                            | Norska  |
| 13.30-14.15 | Förbundet Unga<br>Rörelsehindrade                                                                                     | Wilma Axelsson<br>Ordförande för<br>Förbundet Unga<br>Rörelsehindrade                 | Svenska |
| 14.15-14.30 | <b>Break</b>                                                                                                          |                                                                                       |         |
| 14.30-15.00 | Graviditet och förlossning vid<br>ryggmärgsbråck                                                                      | Karin Pettersson, MD,<br>PhD                                                          | Svenska |
| 15.00-15.45 | Neuropsychology in adults<br>with spina bifida                                                                        | Catherine Stephan, PhD                                                                | English |

**Välkomna!**

## About the Speakers

**Petra Aden**, MD, PhD, Head of Section for Neurohabilitation, Oslo University Hospital, Norway

**Marie Eriksson**, PhD, Orthopedic engineer, Department of Women's and Children's Health, Division of Paediatric Neurology, Karolinska Institutet, Karolinska University Hospital, Sweden

**Wilma Axelsson**, lead of the Swedish Association of Young People with Physical Disabilities, lived experience, Sweden

**Anna Linder**, PhD, health economist, Lund University, Sweden

**Antoinette Botman**, MD, Staff specialist paediatric rehabilitation – Head of the Spina Bifida and Spinal Cord Injury and Diseases services, Australia

**Jonathan Castillo**, MD, Endowed Professor, UNMC Department of Pediatrics Chief, UNMC Division of Developmental Medicine Professor, United States

**Lovisa Sjögren**, MD, PhD Pediatrician, Obesity Medicine Physician. Department of Pediatrics, Institute of Clinical Sciences, Sahlgrenska Academy, University of Gothenburg and Region Västra Götaland, Regional Obesity Center, Sahlgrenska University Hospital, Gothenburg, Sweden

**Annika Lundkvist Josenby**, PT, PhD, Registerholder MMCUP, Sweden

**Ulrica Jonsson**, MD, PhD, Region Vastra Götaland, Habilitation & Health, Adult Habilitation, Gothenburg, Sweden

**Matilda Utter**, MD, Region Vastra Götaland, Habilitation & Health, Adult Habilitation, Gothenburg, Sweden

**Ann Alriksson-Schmidt**, PhD, MSPH, Associate Professor Disability and Public Health, Department of Clinical Sciences, Lund University, Department of Orthopedics, Skåne University Hospital, Lund Disability Research Hub, Sweden

**Anne Risøen Selsjord**, PhD, RN, Sunnaas sykehus, Norway

**Hanne Haugland**, RN, Sunnaas sykehus, Norway

**Karin Pettersson**, MD, PhD Associate Professor in Obstetrics, Sweden.

**Michele Lynn Polfuss**, RN, PhD, Professor, UW-Milwaukee School of Nursing, United States.

**Catherine Stephan**, PhD. Neuropsychologist, Kennedy Krieger Institute, Baltimore, United States.

**Marie Andersson**, MD, PhD, Pediatric Urologist. Department of Pediatrics, Institute of Clinical Sciences, Sahlgrenska Academy, University of Gothenburg, Region Västra Götaland and Pediatric Surgery, Sahlgrenska University Hospital, Gothenburg, Sweden.

**Charlotta Levén Andreasson**, RN, PhD student, Pediatric Nurse, Department of Pediatrics, Institute of Clinical Sciences, Sahlgrenska Academy, University of Gothenburg and Region Västra Götaland, Regional Neurogenic Bladder and Bowel Clinic and Pediatric Surgery, Sahlgrenska University Hospital, Gothenburg, Sweden.